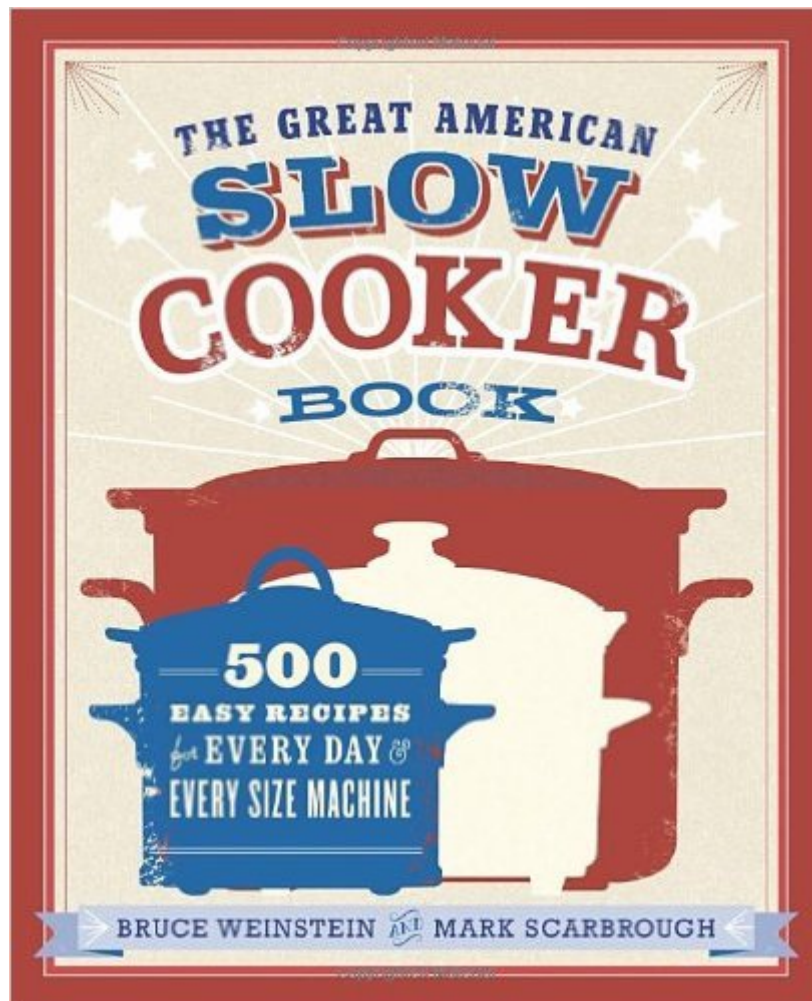


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The Great American Slow Cooker Book: 500 Easy Recipes For Every Day And Every Size Machine



Synopsis

The ultimate in slow-cooker books--with 500 recipes, each adapted for three sizes of appliance. From breakfast to soups, mains to grains, vegetables to desserts, this guide is the only book you'll ever need to master your slow cooker or crockpot. Millions of people are turning to slow cookers for their weeknight meals yet often can't find recipes that match their exact machine. Adapting recipes meant for a different-size cooker doesn't work--getting the right level of spice in your Vietnamese soup or keeping pulled pork tender requires having ingredients in the right proportion. But now, Bruce Weinstein and Mark Scarbrough have decoded slow cookers, and each of their recipes includes ingredient proportions for 2-3 quart, 4-5 quart, and 6-8 quart machines, guaranteeing a perfect fit no matter what machine you own. Each recipe is labeled for its level of difficulty and nutritional value, and they cover every kind of dish imaginable: delicious breakfast oatmeals, slow-braised meats, succulent vegetables, sweet jams and savory sauces, decadent desserts. This is the slow cooker book to end them all.

Book Information

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Customer Reviews

Almost 80 per cent of households have Slow Cookers. In the past ten years, they have become a revolution. There are many cookbooks out there with slow cooker recipes, and I have most of them. I saw the authors, Bruce Weinstein and Mark Scarbrough on a television program discussing this cookbook. Their discussion of why they wrote the cookbook interested me. First of all, the cookbook has a definitive edge. Each recipe has a list of ingredients on the left, easy to read, to check if you

have everything, then the size of the cooker used, from 2 qt all the way up to 8 qts. This gives you the amount of each ingredient you need. This could be the most innovative part of the cookbook. The cookbook is set up with an Introduction, why you should use a slow cooker, solving some problems, the herbs and spices you need, do not use too much salt, how the authors came to write this cookbook, and, finally, what we can do to make this cookbook work the best for us. All ingredients are found at a regular grocery store. There are 500 everyday recipes, for every size machine. There are seven chapters, Breakfast, Soups, Meat, Poultry, Fish and Shellfish, Vegetable and Side Dishes, Desserts and Party Drinks. There are pictures of some of the food found in the middle of the book. I think this would have been a five star book if pictures accompanied each recipe. I made the corn chowder as my first recipe, and within three hours I had a delicious dinner. You can blend or purée the soup, but I preferred to leave it chunky. With crusty bread this was such a satisfying meal. My next recipe was the Overnight Oatmeal. You put everything together in the slow cooker, water, milk, maple syrup, steel cut oats and salt. Put it on slow for six hours, and it will keep warm for three hours.

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